



## **Early Stage Alzheimer's Support Group**

The Alzheimer's Association, Aloha Chapter, is sponsoring the support group *For Persons with Memory Loss due to Early Stage Alzheimer's Disease or Related Disorders* in collaboration with Kaiser Permanente Medical Center. This program is designed to assist both individuals affected by the disease and their family members who are often called upon to provide care and support.

Groups will meet on the first Friday of each month from July to December, 2010.

Trained facilitators and care experts will lead participants in group discussion on topics to include:

- Learning how to live and cope with memory loss
- Meeting with others in similar situations and learning how they deal with challenges
- Working with compassionate professional facilitators, experienced with Alzheimer's disease

Participants must be in the early stages of memory loss, be aware of their memory loss and be willing to talk to others. The program is offered free of charge. **Registration is required.**

For more information, please call

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