



# Recovering Wellness: Helping People with Late Life Depression

*a training presented by*  
**Project OASIS**

*Older Adult Specialized Information Services*  
*University of Hawai'i*  
*and*  
*Aged To Perfection*

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*Douglas G. Kreider, MA, MPH*

*Developed especially for*  
*family and 'ohana caregivers*  
*of older adults*

**Tuesdays, May 20, 27, & June 3, 6:30 – 9:00 PM**  
**Wahiawa United Methodist Church**

All materials and registration are  
**Free of charge**

For information and registration, please contact  
Doug Kreider at 735-3565 or Mike Curcio at 735-3435

